

Category	Eligible	Ineligible
Mental Health	apps	essential oils/massage
	leadership or spiritual retreats	gardening/sewing/crafting
	meditation classes	musical instruments
	non-medical counseling services, life coach	photography equipment
	personal development	services covered by the medical, dental or vision plan
		woodworking tools/equipment
	Eligible	Ineligible
Memberships/ Passes	gym monthly fee/drop-in visits	amusement park
	race fees/registration	country club
	sports league/team fees including golf/bowling	national park passes
	ski passes	
	cost of tee time or one-time play (golf)	
	studio	
	swim club	
	yoga	
	Eligible	Ineligible
Nutrition	apps, books	food, meal plans
	counseling, online coaching	prescriptions for weight loss
	food scale	protein powder/supplements/vitamins
	weight watchers	water filtration/filter/dispenser
	Eligible	Ineligible
Financial Planning	accountant fees	credit repair
	budgeting software/apps	
	estate planning/wills	
	power of attorney	
	tax prep	
	Eligible	Ineligible
Sports Equipment	athletic shoes walking, running, trainers	blacksmith equipment/anvil
	archery compound, crossbow, sight, target, tips, arrows	hunting equipment/gear
	badminton	billiards, cue stick
	baseball	cornhole equipment
	basketball, hoop/goal, net	surfboard
	bike (pedal)	bike (electric), bike rack, bike repair
	bowling	skateboard
	boxing	horseback riding boots, saddle
	canoe/kayak/paddleboard	life vest/jacket
	fishing waders, net, pole, bait, tackle rod/reel, tackle box	fishing license, motor boat, trolling motors, fish/sonar/depth finder, ice fishing auger/shanty/tent
	frisbee golf/disc golf	paintball
	golf clubs, balls, caddy, glove	golf simulator/mat
	hockey, including skates	cold plunge tubs
	roller skates, ice skates, inline skates	trekking/walking poles
	pickleball	binoculars
	ping pong	telescope
	ski/snowboard equipment	
	wrestling	

	Eligible	Ineligible
Fitness Equipment	bicycle helmet	gaming system (console)
	bike (air/stationary)	gym bag
	dumbbells	clothing, socks, outerwear, wetsuit
	elliptical	headphones, earbuds
	exercise mat	massage gun
	fitness/workout video games	orthotic supports
	fitness tracker/monitor - Garmin/Fitbit	sauna
	posture corrector	stroller/wagon
	smart watch (Apple or Android)	sweat rags
	specialty footwear golf, hiking, traction cleats, snowshoes etc.	swimming pool/ hot tub/floaties
	treadmill, rowing machine	trampoline
	weighted vest	used equipment
	weight bench	video games/system
	yoga	VR headset
	Eligible	Ineligible
Sports Lessons	ballet	equestrian/horseback riding
	bowling	music lessons
	dance	
	golf	
	karate/tae kwon do	
	tennis	
	swim	
	Eligible	Ineligible
Other	Fitness/exercise apps, books, DVD's	spouse and dependent child items
	camping sleeping bag, air mattress/sleeping pad, tent	camping fees, camper, stove, flashlights, bug spray, sunscreen, coolers, chair, canopy, cookware, heater, leveling blocks, water filtration/ filter/dispenser, water bladder, first aid kit, hammock, lantern, portable fan, shovel
	scale	air purifier/hepa filter
		chiropractor
		diaper bag
		ergonomic equipment height adjusting table/desk
		eye massager/heat
		furniture, office chair
		mattress
		motorcycle helmet
		non-slip shoes/sandals
	vasectomy	